



Having the support of a community that embraces the Life Participation Approach to Aphasia (LPAA) can be empowering for anyone affected by this isolating diagnosis.

AphasiaAccess does not maintain a roster of recommended LPAA centered aphasia centers. As a public service, we have put together this short set of questions that can aid in evaluating potential opportunities for support.

Want to know if a local center embodies the LPAA? Consider these questions.

1. Are any client goals “client centered” (negotiated with the client)?
2. Do client goals include one of more of the following (or related) concepts:
 - Explicitly enhance participation in relevant life roles and activities
 - Enhance quality of life with aphasia/living successfully
 - Promote life changes that are meaningful to the individual (and family)
3. Does the program provide opportunities for the client to interact with other people with aphasia, or programming specifically address relationships with other people?
4. Is the community created via a group of people with similar interests and goals – gathering together as a community, either physically or virtually?
5. Is attention given to a “personal” psychological well-being? Do goals and methods explicitly address individual psychological needs?
6. Are communication supports introduced to people with aphasia and family members?
7. Are participation oriented activities offered to enhance communication and life participation?
8. Are services for caregivers or others offered (e.g. opportunities to meet other family members, receive education and counseling, learn supported communication)?